



Alternatives from San Francisco to inner East Bay BART stations

Call 511 or visit www.actransit.org

| To BART station | Weekday mornings and mid-day | Weekday afternoon commute from S.F. | Weekday evenings | Weekends |
|----------------------|---|---|--|---------------------------|
| Richmond | <p>Take Amtrak bus to Emeryville, and transfer to San Joaquin or Capitol train to Richmond. (See note on Amtrak below)</p> <p>Or, take WestCAT extended JPX service to El Cerrito del Norte BART. Walk to San Pablo Ave. and take line 72M or 76 heading north.</p> | <p>Take Amtrak bus to Emeryville, and transfer to San Joaquin or Capitol train to Richmond. (See note on Amtrak below)</p> <p>Or, take AC Transit line L or LC, or WestCAT extended JPX service, or Soltrans buses to El Cerrito del Norte BART. (Make sure you ask to be let off at El Cerrito del Norte.) Walk to San Pablo Ave. and take line 72M or 76 heading north.</p> | <p>Take Amtrak bus to Emeryville, and transfer to San Joaquin or Capitol train to Richmond. (See note on Amtrak below)</p> <p>Or, take Line F to 40th Street and San Pablo Avenue. There, take Line 72M heading north.</p> | Same as weekday evenings |
| El Cerrito del Norte | <p>Take WestCAT extended JPX service.</p> <p>Or, take Line F to 40th St. and San Pablo Avenue. Transfer to line 72, 72M, or 72R heading north.</p> | Take AC Transit line L or LC, or WestCAT extended JPX service, or Soltrans buses to El Cerrito del Norte BART. (Make sure you ask to be let off at El Cerrito del Norte.) | Take Line F to 40th St. and San Pablo Avenue. Transfer to line 72 or 72M heading north. | Same as weekday evenings. |
| El Cerrito Plaza | Take Line F to 40th Street and San Pablo Avenue. Transfer to line 72 or 72M heading north. | Take Line G. Or, take Line L or Line LC to Central Avenue at Yosemite Avenue, or San Pablo Avenue at Lincoln Avenue, and walk east to El Cerrito Plaza BART. Or, see morning directions. | Take Line LC to Central Avenue at Yosemite Avenue, or San Pablo Avenue at Lincoln Avenue. Or, see morning directions. | Same as mornings. |
| North Berkeley | Take Line F to University Avenue and Shattuck Avenue. Cross Shattuck Avenue and take Line 52 heading west. | Take Line FS or J to Sacramento Street and University Avenue. There, walk or take Line 52 north to North Berkeley BART. | Same as mornings. | Same as weekday mornings. |
| Berkeley or Ashby | Take Transbay Line F. | Same as mornings. | Same as mornings. | Same as weekday mornings. |
| Rockridge | <p>Take Transbay Line E (one trip only: at 6:59 a.m.) to Claremont Avenue at College Avenue. There, walk or take line 49 or 51B south to Rockridge BART.</p> <p>Otherwise, take Line NL to Thomas L. Berkley Way (20th Street) and Broadway (Uptown Transit Center). There, transfer to Line 51A heading north.</p> | Take Transbay Line E to Claremont Avenue at College Avenue. There, walk or take line 49 or 51B south to Rockridge BART | Same as mid-day. | Same as weekday mid-day. |



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| MacArthur | Take Transbay Line F to 40th St. and San Pablo Avenue. There, take Emery-Go-Round or line 31 or 57 heading east. | Take Transbay Line C. | Same as morning. | Same as weekday morning. |
| 19th Street | Take Transbay Line NL. | Same as mornings. | Same as mornings. | Same as weekday mornings. |
| 12th Street | Take Transbay Line NL. Walk or take any bus heading south on Broadway to 12th St. BART. Or, from Ferry Building, take Oakland ferry. From Jack London Square ferry terminal, walk to 2nd Street at Clay St and take Line 72R to downtown. | Same as mornings. | Take Transbay Line NL. Walk or take any bus southbound on Broadway to 12th St. BART. Or, from Ferry Building, take Oakland ferry. From Jack London Square ferry terminal, walk to Embarcadero at Broadway and take line 72 or 72M north to downtown. | Same as weekday evenings. |
| West Oakland | Take Transbay Line NL to Adeline Street and West Grand Avenue. There, take Line 26 heading south. | Same as mornings | Same as mornings. | Same as weekday mornings. |
| Lake Merritt | Take Line O to 5th Street at Washington Street. Walk under freeway to 7th Street and continue east to Franklin Street. Take Line 11 or 62 to Lake Merritt BART. | Same as mornings. | Same as mornings (Line 11 does not run). | Same as weekday mornings (Line 11 does not run in evenings). |
| Fruitvale | Take Transbay Line O. | Same as mornings. | Same as mornings | Same as weekday mornings. |
| Coliseum | Take Amtrak bus to Emeryville, and transfer to Capitol train to Oakland Coliseum. (See note on Amtrak below) Or, take Transbay Line NL to Eastmont Transit Center. There, take line 73. | Take Line NX3 or NXC to Eastmont Transit Center. There, take Line 73. Or, follow morning directions. | Same as afternoon. | Same as weekday morning. |



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| San Leandro | Take Line NL to Thomas L. Berkley Way (20th Street) and Broadway (Uptown Transit Center). There, take Line 1 southeast to San Leandro BART. Or, follow directions to Hayward BART, and take Line 85 north. | Take Line NX4 to Marlow Avenue and Dutton Ave. There, take Line 75 counterclockwise) to San Leandro BART. Or, follow morning directions. | Same as mornings. | Same as weekday mornings. |
| Bay Fair | Take Line NL to Eastmont Transit Center. There, take Line 40 to Bay Fair BART. Or, follow directions to Hayward BART, and take Line 93 (counterclockwise) or 99 north. | Take Line NX4 to Foothill Blvd. & Fairmount Drive. Take line 48 or 75 (clockwise) to Bay Fair BART. | Take Line NL to Thomas L. Berkley Way (20th Street) and Broadway (Uptown Transit Center). There, take Line 1 to Bay Fair BART. | Morning through afternoon: Same as weekday mornings. Evenings: Same as weekday evenings. |
| Castro Valley | Take Line NL to Eastmont Transit Center. There, transfer to Line 40 for Bay Fair BART. There, take line 32 (clockwise) or 48. Or, follow directions to Hayward BART, and take line 32 (counterclockwise) or 48. | Take Transbay Line NX4 or Line NXC. to Castro Valley Blvd. and Lake Chabot Rd. There, take Line 32 (clockwise) or Line 48 east to Castro Valley BART. (Lines NX4 and NXC serve much of Castro Valley; check to see if your destination is near a stop.) | No service. | Take Line NL to Eastmont Transit Center. There, transfer to Line 40 for Bay Fair BART. There, take line 32 (clockwise) or 48. |
| Hayward | Take Greyhound to Hayward. (See note on Greyhound below.) Or, take Caltrain to Hillsdale. Cross El Camino Real and walk west to Hillsdale Blvd. and Edison St. Take Line M to Hayward BART. | Take Line S to Hesperian Blvd. at Southland Drive. Cross Hesperian Blvd. and take Line 22 clockwise (north) to Hayward BART. Or, follow morning directions. | Take Line NL to T.L. Berkley Way (20th Street) and Broadway (Uptown Transit Center). There, take Line 1 to Bay Fair BART. There, take Line 99 to Hayward BART. | Take Greyhound to Hayward. (See note on Greyhound below.) Or, take Line NL to T.L. Berkley Way (20th Street) and Broadway (Uptown Transit Center). There, take line 1 or 1R to Bay Fair BART. There, take Line 99 to Hayward BART. |



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| South Hayward | Take Caltrain to Palo Alto. There, take Dumbarton Express DB to Union City BART. There, take Line 99 north. Or, follow directions to Hayward BART, and take Line 99 south. | Take Line S to Tennyson Road and Hesperian Blvd. There, take line 22 (clockwise), 83, or 86 east to South Hayward BART. | Take Line NL to T.L. Berkley Way (20th Street) and Broadway (Uptown Transit Center). There, take Line 1 to Bay Fair BART. There, take Line 99 to South Hayward BART. | Follow directions to Hayward, and take (or continue on) Line 99 south. |
| Union City | Take Caltrain to Palo Alto. There, take Dumbarton Express DB to Union City BART. | Take Line SB to Ardenwood Blvd. at Hwy. 84. Walk back to the Ardenwood Park & Ride and take Dumbarton Express lines DB or DB1 to Union City BART. Or, follow morning directions. | Take Line NL to T.L. Berkley Way (20th Street) and Broadway (Uptown Transit Center). There, take Line 1 to Bay Fair BART. There, take Line 99 to Union City BART. | Follow directions to Hayward, and take (or continue on) Line 99 south to Union City BART. |
| Fremont | Follow directions to Union City. Take line 99, 216, or 232 to Fremont BART. Or, take Amtrak bus to Emeryville. Transfer to Capitol train to Fremont-Centerville Amtrak. There, take line 99 or 216 to Fremont BART. | Take Line SB to Cedar Street and Mowry Avenue. There, take line 242 or 251 to Fremont BART. Or, follow morning directions. | Take Line NL to T.L. Berkley Way (20th Street) and Broadway (Uptown Transit Center). There, take Line 1 to Bay Fair BART. There, take Line 99 to Fremont BART. | Take Amtrak bus to Emeryville. Transfer to Capitol train to Fremont-Centerville Amtrak. (See note on Amtrak below.) There, take line 99 or 216 to Fremont BART. Or, follow directions to Hayward, and take (or continue on) Line 99 south to Fremont BART. |

NOTE ON AMTRAK: Amtrak Capitols and San Joaquins operate only a few trains per day – call 1-800-USA-RAIL or visit www.amtrak.com for more information. Ask the conductor on board the train for a free transfer to AC Transit local buses.

NOTE ON CALTRAIN: From Transbay Temporary Terminal, walk to Folsom Street and the Embarcadero and take Muni N or T trains to San Francisco Caltrain. San Francisco Caltrain is also served by Muni 10, 30, and 45. For Caltrain information, call 511 or visit www.511.org.

NOTE ON GREYHOUND: Greyhound buses operate between Hayward and San Francisco only a few times per day. Call 1-800-231-2222 or visit www.greyhound.com for more information.